

## Are you caring for a loved one?

Support groups are a safe place to get together with those who understand your concerns to share helpful strategies and lend support and encouraging words. Let us take care of you while you are providing care for the ones you love.

You're invited to join us...

## Caregivers Support Group

A forum for contributing ideas in an encouraging atmosphere.

## First Wednesday of each month 5:00 to 7:00 p.m.

Mission Hope Cancer Center • Conference Center, First Floor 1325 East Church Street, Santa Maria

Light dinner served; no reservations necessary.

## SCHEDULED DATES WINTER/SPRING 2018

January 3 | February 7 March 7 | April 4 | May 2 June 6







