



Offering information, support and encouragement.

*Please join us...*

## Support for People with Oral and Head and Neck Cancer

Meets the second Monday of the month  
5:00 to 6:30 p.m.

Mission Hope Cancer Center Conference Room

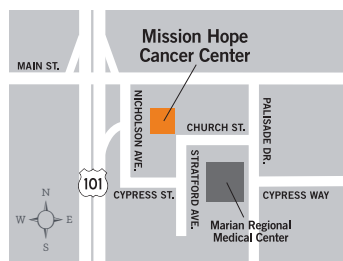
■ Survivors may find that coping with oral, head and neck cancer brings particular challenges, such as:

- Dentition
- Restricted neck movement
- Trismus
- Tube feeding
- Swallowing problems
- Dry mouth
- Altered taste
- Speech intelligibility
- Diet modification/nutritional concerns
- Skin changes
- Fatigue

### Mission Hope Cancer Center Conference Room

1325 East Church Street  
Santa Maria

WALK-INS WELCOME



### UPCOMING MEETING DATES/PROGRAMS:

- June 12:** Sharing and Caring
- July 10:** Is it Coming Back? Moving Forward with our Loved Ones  
Tom Steffora, LMFT
- August 14:** Cheryl Decker, MD, Director of Supportive Care and Survivorship Services, Mission Hope Cancer Center
- September 11:** Sharing and Caring
- October 9:** How Your Spiritual Care Providers Can Help  
Dan McGill, Chaplain
- November 13:** Sharing and Caring
- December 11:** No Meeting

We are dedicated to meeting the specific emotional, physical and humanistic needs of oral and head and neck cancer patients, survivors and their caregivers. Bimonthly educational presentations are given by qualified speakers; alternate meetings are used to update each other on our progress, brainstorm, and address anyone's questions, concerns or fears.

For information, please contact Group Facilitator Aundie Werner, MS, CCC-SLP, at 805.739.3185 or via email at [Aundie.Werner@DignityHealth.org](mailto:Aundie.Werner@DignityHealth.org).

