



Offering information, support and encouragement.

*Please join us...*

## Support for People with Oral and Head and Neck Cancer

Meets the second Monday of the month  
5:00 to 6:30 p.m.

Mission Hope Cancer Center Conference Room

UPCOMING MEETING DATES/PROGRAMS:

**February 13:** **Coping with Swallowing Issues**  
Shannon Brodie, RD, and Aundie Werner, Speech Therapist

**March 13:** **Learn from the Experience of a Cancer Survivor**  
Bob Voglin, Survivor

**April 10:** **Dental Care for Cancer Patients\***  
Robert Kitto, DDS  
\*One time only: meeting at Marian Extended Care Conference Room, 1530 East Cypress Way

**May 8:** Sharing and Caring

**June 12:** Sharing and Caring

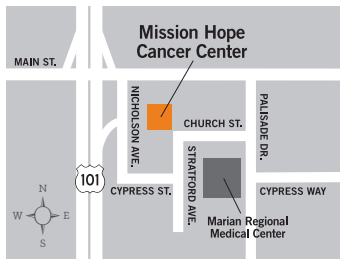
■ Survivors may find that coping with oral, head and neck cancer brings particular challenges, such as:

- Dentition
- Restricted neck movement
- Trismus
- Tube feeding
- Swallowing problems
- Dry mouth
- Altered taste
- Speech intelligibility
- Diet modification/nutritional concerns
- Skin changes
- Fatigue

### Mission Hope Cancer Center Conference Room

1325 East Church Street  
Santa Maria

WALK-INS WELCOME



We are dedicated to meeting the specific emotional, physical and humanistic needs of oral and head and neck cancer patients, survivors and their caregivers. Bimonthly educational presentations are given by qualified speakers; alternate meetings are used to update each other on our progress, brainstorm, and address anyone's questions, concerns or fears.

For information, please contact Group Facilitator Aundie Werner, MS, CCC-SLP, at 805.739.3185 or via email at [Aundie.Werner@DignityHealth.org](mailto:Aundie.Werner@DignityHealth.org).

