

FREE INFORMAL DISCUSSIONS



# Managing Loss and Grief During the Holidays

with **Max Boveri, LMFT, Bereavement Counselor/Coordinator,**  
and **Jenni Davis, Oncology Counselor and Patient Advocate**

With the loss of a loved one, the holiday season may no longer hold appeal. Many find it challenging to face the festivities in new circumstances. We are here to help. You are welcome to join us for one of the following free informal discussions which will focus on practical ways to minimize negative feelings and feature helpful strategies to cope with depression, especially during the holidays. Our hope is that you will benefit from this time of sharing.

Refreshments served.

MISSION HOPE CANCER CENTER, SANTA MARIA

**Tuesday, November 19 • 5:00 to 7:00 p.m.**

1325 East Church Street, Conference Room, Santa Maria

Please call Mission Hope, Santa Maria to register: 805.219.HOPE (4673)

MISSION HOPE CANCER CENTER, ARROYO GRANDE

**Thursday, November 21 • 5:00 to 7:00 p.m.**

850 Fair Oaks Avenue, Third Floor Conference Room, Arroyo Grande

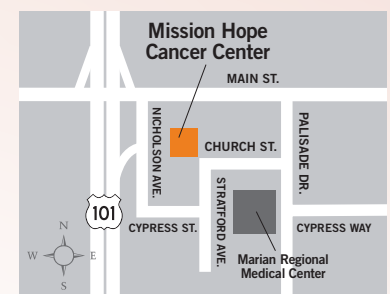
Please call Mission Hope, Arroyo Grande to register: 805.474.5300

We can help you take the journey of healing one step at a time.



Like us on Facebook:  
**Mission Hope Cancer Center**

## SANTA MARIA



## ARROYO GRANDE



[www.missionhopecancercenter.com](http://www.missionhopecancercenter.com)