

You're invited to join us...

# Caregiver Support Groups



Many caregivers find they are ill-prepared for their role and provide ongoing care with little or no personal support. We are here to empower and comfort the caregivers among us.

## Are you caring for a loved one?

Support groups are a safe place to get together with those who understand your concerns to share helpful strategies and lend support and encouraging words. Let us take care of you while you are providing care for the ones you love. Light dinner served.

### Mission Hope Cancer Center, Santa Maria

**First Wednesday of the month: 5:00 p.m.**

1325 East Church Street, Santa Maria

To make a reservation, please call 805.219.HOPE (4673)

### Mission Hope Cancer Center, Arroyo Grande

**First Tuesday of the month: 5:00 p.m.**

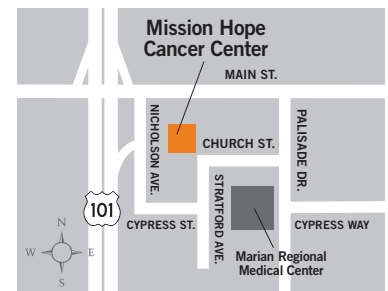
850 Fair Oaks Avenue, Third Floor Conference Room, Arroyo Grande

To make a reservation, please call 805.474.5300



Like us on Facebook:  
Mission Hope Cancer Center

### SANTA MARIA



### ARROYO GRANDE



Keep up with all our programs at our website: [www.missionhopecancercenter.com](http://www.missionhopecancercenter.com)