

RELAX AND RESTORE

Energy Balancing Therapy

Energy Balancing is the art of working with chi (life force) energy with the intention of encouraging a free and balanced flow of energy, enhancing the body's natural ability to heal itself. Our trained facilitators work silently over various energetic points around the body using a light touch while the client remains awake, fully-clothed and relaxing comfortably, listening to quiet music.

Energy Balancing is a therapy that helps to ease muscle tension and decrease stress and pain in cancer patients while promoting healing. It's a great tool to use as a complement to traditional medicine and is practiced in many hospitals and medical care settings.



Rebecca Rose Madden
Reiki Master

By appointment with Rebecca Rose Madden

Rebecca has been seeing clients for over 10 years. She uses a blend of various energy healing techniques to help reduce stress due to trauma or illness.

MISSION HOPE CANCER CENTER, SANTA MARIA

First and third Tuesdays of the month
2:00 to 4:00 p.m.

1325 East Church Street, Santa Maria

Please call to reserve a time at 805.219.HOPE (4673)

MISSION HOPE CANCER CENTER, ARROYO GRANDE

Second Tuesday of the month • 2:00 to 4:00 p.m.

850 Fair Oaks Avenue, Third Floor, Arroyo Grande

Please call to reserve a time at 805.474.5300

By appointment with Kim Vargo

Kim has been bringing wellness services to the central coast for several years. She is a Certified Personal Trainer and Licensed Massage Practitioner with a focus on promoting health and fitness at any age.

MISSION HOPE CANCER CENTER, ARROYO GRANDE

First and third Mondays of the month
2:00 to 4:00 p.m.

850 Fair Oaks Avenue, Third Floor, Arroyo Grande

Please call to reserve a time at 805.474.5300

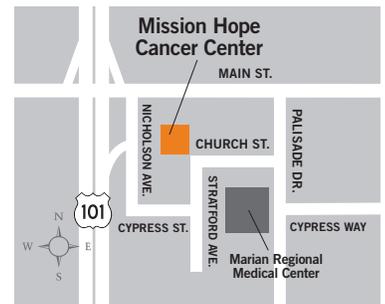


Kim Vargo
Reiki Master



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Mission Hope Cancer Center

SANTA MARIA



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www.missionhopecancercenter.com