

Are you experiencing unwelcome changes to your hair, nails or skin as you undergo cancer treatment?
You can still be yourself.

Look Good, Feel Better Live!



The new Look Good, Feel Better interactive video chat format allows a licensed beauty professional to guide a group of participants through two different sessions:

- Skin care and cosmetics application
- How to manage hair loss, including the use of wigs, hats and scarf tying

Look Good Feel Better Live! Virtual Workshops provide participants with live instruction, tips, and tricks for dealing with appearance-related side effects of cancer treatment during a free one-hour, online workshop* from the safety and comfort of your home, office, or other self-selected setting. While most treatment-related changes in appearance are temporary, we want to help women look and feel as good as possible as they complete treatment. Personal Care Products Council-member companies donate all of the products used in brand-neutral packaging (estimated value \$350 per kit).

*Equipment needed to participate in a virtual workshop: (1) a computer or tablet with a camera or webcam; (2) internet connection; (3) a computer speaker/microphone or a speaker phone. If you don't have a computer, arrangements can be made to use one at Mission Hope. Call us!

■ **To register for one of our online classes, confirm dates and times, and receive your complimentary makeup kit, please call:**

**Ashley Hahn at
805.346.3402**

**or Jennifer Davis at
805.474.5303**



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Mission Hope Cancer Center



Keep up with all our classes and programs at our website:

www.missionhopecancercenter.com