

Mission Hope Cancer Center is pleased to invite you to our

Breast Cancer Support Groups

Breast Cancer Support Group for Young Women

New group!

Young women CAN and DO get breast cancer and the impact of the disease can be significant. Our newest breast cancer support group addresses the unique challenges young women face. We provide resources, support and education to address every phase of a young woman's breast cancer experience.

Facilitator: Melissa Garcia, RN, Breast Care Oncology/Nurse Navigator

Meetings via Zoom on the last Wednesday of the month



Wednesdays: July 27 and August 31 • 6:00 p.m.

Held virtually. Please call Mission Hope at 805.346.3405 to register

Breast Cancer Support Group (General)

Women gather in a safe setting to share valuable information and resources to help manage the physical, emotional and practical challenges a breast cancer diagnosis can bring.

Tuesdays at 4:00 p.m.



**July 5 and August 2 (virtual)
July 19 and August 16 (on site)**

Mission Hope Cancer Center
1325 East Church Street
Santa Maria

Please call Mission Hope at 805.346.3402 to register.

Metastatic Breast Cancer Support Group

Living with cancer is challenging, both physically and emotionally. It is extremely comforting to know that there are others out there experiencing the same struggles and feelings.



Wednesdays: July 20* and August 17 • 1:00 p.m.

***Guest Speaker: Kylie Conner, RDN, Registered Dietitian**

Held virtually. Please call Mission Hope at 805.346.3402 to register.



■ Research has shown that actively engaging in a support group helps people cope more successfully with a cancer diagnosis. We invite you to join a support group that resonates with your individual needs to forge friendships and find valuable strength from others who understand the challenges you face.

SESSIONS LED BY OUR KNOWLEDGEABLE FACILITATORS:

Katie Crafton MSW, LCSW,
Oncology Social Worker

Melissa Garcia, RN, BSN,
Breast Care and GYN Oncology Nurse Navigator

Lindsey Hughes RN, BSN,
Oncology Nurse Navigator



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Dignity Health

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www.missionhopecancercenter.com