



Mission Hope Cancer Center is pleased to invite you to our

# Breast Cancer Support Groups

## Breast Cancer Support Group for Young Women

Our newest breast cancer support group addresses the unique challenges young women face by providing resources, support and education to address every phase of a young woman's breast cancer journey. Connect with others as we gather to enjoy our time together in engaging activities or to share our experiences and take comfort in the camaraderie of those on a similar path.



**Led by: Melissa Garcia, RN**  
Breast Care Oncology/Nurse Navigator

**Monday, January 30 • 5:30 p.m.**  
*Charcuterie Platter Making*

**Monday, February 27 • 5:30 p.m.**  
*Share your story with those who understand*

Mission Hope Cancer Center  
1325 East Church Street, Santa Maria

Please call 805.346.3405 to register to attend

■ Research has shown that actively engaging in a support group helps people cope more successfully with a cancer diagnosis. We invite you to join a support group that resonates with your individual needs to forge friendships and find valuable strength from others.



## Breast Cancer Support Group (General)

Women gather to share valuable information and resources to help manage the physical, emotional and practical issues a breast cancer diagnosis can bring. Our support group offers a safe and empowering setting where women can implement important life changes, develop new attitudes and experience meaningful personal connections.



**Tuesdays: January 3, 17 and February 7, 21 • 4:00 p.m.**

Please call Mission Hope at 805.346.3402 to register.

## Metastatic Breast Cancer Support Group

To resume in March

Please call Mission Hope at 805.346.3402 to register or for more information

SESSIONS LED BY OUR  
KNOWLEDGEABLE  
FACILITATORS:

**Katie Crafton MSW, LCSW**  
Oncology Social Worker

**Melissa Garcia, RN, BSN**  
Breast Care and GYN Oncology  
Nurse Navigator

**Lindsey Hughes RN, BSN**  
Oncology Nurse Navigator



Keep up with all our offerings at our website: [www.missionhopecancercenter.com](http://www.missionhopecancercenter.com)



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