

MAKE ART...MELT STRESS

# Explore your creativity

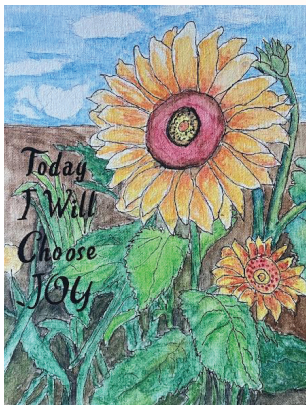
FREE  
HANDS ON WORKSHOPS  
OPEN TO EVERYONE

All tools and materials supplied. No previous experience necessary.

## Watercolor Painting with Linda Denton

### Watercolor Pencils

We will explore 'Watercolor Pencils'. Yes, pencils! We will select, trace and color a design of our choosing on a canvas board. Using water we will use a wet brush to bring the colors to life. We will discuss the use of color, color shades, and drawing techniques.



SANTA MARIA

**Wednesday, August 7**

**9:00 a.m. to 12:00 noon**

1325 East Church Street, Santa Maria

ARROYO GRANDE

**Tuesday, August 6**

**1:00 to 4:00 p.m.**

850 Fair Oaks Avenue, Third Floor

*Please note: No painting class in July*

### Fall River Painting

Fall is now upon us and it's time to break out the fall colors as we paint this fall river scene. Linda will provide step-by-step instructions to help you create your very own masterpiece. Join us for three hours of fun as we welcome the season.



SANTA MARIA

**Wednesday, September 4**

**9:00 a.m. to 12:00 noon**

1325 East Church Street, Santa Maria

ARROYO GRANDE

**Tuesday, September 3**

**1:00 to 4:00 p.m.**

850 Fair Oaks Avenue, Third Floor

## Neurographic Art with Cheryl Kelly

### All About Me Collaborative Puzzle Pieces Project

We are all unique, yet we fit perfectly when we come together!

The idea is for each participant to take one or two puzzle pieces and paint and draw on them. We will share how we fit together by telling the story of our cancer journey and our lives in the future. Using the style of neurographic art, Zen doodling, or abstract, we can decorate the puzzle pieces with markers and paint, metallic and glitter markers. Once all the puzzle pieces are ready, we will put them together in a frame to create a masterpiece that we all will have created.

**Wednesdays: July 17, August 21, September 18**

**1:00 to 3:00 p.m.**

**SANTA MARIA ONLY:**

1325 East Church Street, Santa Maria



■ Reservations are required for all classes and seating is limited. To register please call Mission Hope: **805.219.HOPE (4673)**



Like us on Facebook:  
Mission Hope Cancer Center

Keep up with all our classes and programs at both locations at our website: [www.missionhopecancercenter.com](http://www.missionhopecancercenter.com)